



## INVEST IN YOURSELF THROUGH INTERNSHIPS

### *DID YOU KNOW...*

- ✓ Participating in an internship gives you access to on the job experience. You'll be given a chance to learn about an organization and its structure. You'll likely get exposure to how the company functions, the services they provide, and a chance to meet leaders in the organization.
- ✓ Internships help guide your career choices. During an internship, you'll get exposure to a particular industry and you'll learn certain aspects of the industry. However, you may also find that an industry you thought you were interested in might not be quite be what you expected. This could help to cultivate a change in career paths or be helpful in determining if you are pursuing a career you can be committed to.
- ✓ Your resume will be greatly complimented by an internship experience. Employers look highly at intern experience, paid or unpaid, because it shows commitment on your part. It shows initiative and that you are willing to learn. Depending on the nature of your internship, it could also give you an advantage over other applicants.
- ✓ Successfully completing an internship can help you build your professional network. Also, most intern providers will supply you with a letter of recommendation that will benefit you during your job search.